

South African College Junior School



TERM 1, 2024

SUMMER EXTRA MURAL TIMETABLE

Commences: Monday 22 January 2024

Grade 1s start: Monday 29 January 2024

**THE DRESS CODES FOR PRACTICES AND MATCHES IN
EACH SPORT MUST BE STRICTLY ADHERED TO.**

Heads of Sport: Mrs S Lucas: Gr 1 - 2 (021-689 4001, Ext. 224)

Mr K Marshall: Gr 3 - 7 (021-689 4001, Ext. 222)

Sports Administrator: Mr A Kirsten (021-689 4001, Ext. 220)

www.sacsjunior.org.za

Click on the following link to access the Edana app: **[Edana Guide](#)**

Alerts and changes will be sent via notifications on Edana when required.

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INCLEMENT WEATHER SPORT POLICY:

In the event of a cancellation, you will be notified via the Edana App.

COMMUNICATION REGARDING MATCHES:

All match times and venues will be communicated to the boys via their coach. In the event of a match cancellation, an alert and notice will be logged on the Edana App. For matches that take place on the weekend, the decision is often made at the venue. **Please do not assume that a match is cancelled.**

SPORT

Edana App

To receive daily alerts about changes to extramurals / cancellations owing to inclement weather, and remain informed about pertinent school matters, please ensure that you have activated the Edana App Parent Portal (refer page one), and that you access the app to obtain this information.

To activate the Edana App, click on the following link: [Edana Guide](#)

ATHLETICS (HEAD: MR D SALIE) danyal.salie@sacsjr.org.za**GRADE 1:** MRS S SALMON / MR S NJENGEZI / MR S OLCKERS**MONDAY:** 13:30 - 14:00**GRADE 2:** MRS M ANTHONY**MONDAY:** 13:30 - 14:00**GRADE 3:** MRS C-A GILBERT / MR S OLCKERS**WEDNESDAY:** 14:30 - 15:00**GRADES 1 - 7:** MR S OLCKERS**MONDAY & THURSDAY:** 06:45 - 07:15**CRICKET (HEAD: MR A KIRSTEN) andy.kirsten@sacsjr.org.za**

GROUP	MON	TUES	WED	THURS	FRI	SAT
U13A: MR A KIRSTEN / MR L TUSWA		15:00 - 16:30 Practice		15:00 - 16:30 Practice		08:00 - 14:00 Match
U13B: MR J MAJIET		15:00 - 16:30 Practice		15:00 - 18:00 Match		08:00 - 14:00 Match tbc
U13C: MR R WOODMAN		15:00 - 16:30 Practice		15:00 - 18:00 Match		
U13D: MR L BOTHA		15:00 - 16:30 Practice		15:00 - 18:00 Match		
U12A: MR M WILLIG / MR R BAYNHAM		15:00 - 18:00 Match		15:00 - 16:30 Practice		08:00 - 14:00 Match tbc
U12B: MR C ANDERSON		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U12C: MR J VIVIERS		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U12D: MR J PESKIN		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U11A: MR K MARSHALL	15:00 - 16:30 Practice		15:00 - 18:00 Match			08:00 - 14:00 Match tbc
U11B: MR L BOTHA	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11C: MR J SASSMAN	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11D: MR L SLINGSBY	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11E: MR L THUYN SMA / MR A KALIPA	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U10A: MR T NEWBY / MR D OTIENO	15:00 - 18:00 Match		15:00 - 16:30 Practice			08:00 - 14:00 Match tbc
U10B: MR O STEYNOR	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10C: MR G EVANS	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10D: MR L HOLMAN / MR S SIKO	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10E: MR J MAGIET			15:00 - 16:30 Practice			

MINI CRICKET (HEAD: MISS C GODFREY - GR 1 & 2; MR D SALIE - GR 3/U9) collette.godfrey@sacsjr.org.za
/ danyal.salie@sacsjr.org.za

GROUP	COACHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
GRADE 1 - U7	MISS C GODFREY / MRS A ALLAN / MS A ADAMS / MS T CALEDON / MRS M ANTHONY / MR D OTIENO			13:30 - 14:30	
GRADE 2 - U8	MISS C GODFREY / MS A ADAMS / MRS A ALLAN / MS T CALEDON / MR D OTIENO				13:30 - 14:30
GRADE 3 - U9	MISS J SMITH / MRS C-A GILBERT / MRS G BELLAIRS / MR D SALIE / MRS B HIBBERT	14:00 - 15:00 Practice	15:00 - 16:30 Match		

SWIMMING (HEAD: MR A WAGNER) (JS - Junior School Pool) ashlyn.wagner@sacsjr.org.za

GROUP	COACHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SWIMMING U7 / GRADE 1	MRS S LUCAS / MS S DAY / MRS S KEULDER / MRS Y LATSKY / MRS M NADASEN / MR E TIPPETT	13:30 - 14:30 (Improvers)			13:30 - 14:30 (Squad - by invite only)
SWIMMING U8 / GRADE 2	MRS S SALMON / MRS S LUCAS / MRS S KEULDER / MRS M NADASEN / MRS Y LATSKY / MS S DAY / MR E TIPPETT		13:30 - 14:30 (Squad - by invite only)	13:30 - 14:30 (Improvers)	
IMPROVERS SWIMMING U9 - U13	MRS A PHEIFFER / MRS S LUCAS / MR E TIPPETT			U10 - U13 15:15 - 15:45	U9 14:00 - 15:00
					U10 - U13 15:00 - 15:45
SQUAD: U9	MRS S LUCAS / MR E TIPPETT			14:30 - 15:30	

U10 - U13 SQUAD SWIMMING (HEAD: MR A WAGNER) (SACHS - High School Pool) ashlyn.wagner@sacsjr.org.za

GROUP	COACHES	MONDAY	TUESDAY	WEDNESDAY
SQUAD: U10 - U13	MR A WAGNER / MRS C HARE / MRS C TARENDAAL / MRS A BURMEISTER / MR E TIPPETT	14:45 - 15:30	14:45 - 15:30	06:45 - 07:30

TENNIS (LADDER) (HEAD: MISS K HESS) karen.hess@sacsjr.org.za

GROUP	COACH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
U11	MRS T MAYNARD / MISS N GWAMPI		14:40 - 15:40		15:00 - 16:00 (Matches)	
U13 (Senior)	MISS K HESS / MISS J SMITH (matches)	14:45 - 16:00 (Practice)				League Matches

WATERPOLO (HEAD: MR J EDWARDS) SACS JUNIOR AQUATIC CENTRE jayson.edwards@sacsjr.org.za

GROUP	COACHES	MON	TUES	WED	THURS	FRI
U13 A	MISS M MAARTENS	15:45 - 16:45		06:30 - 07:30 (JS) / 14:45 - 15:30 (SACHS)		06:30 - 07:30
U13 B	Student (tbc)	06:30 - 07:30		06:30 - 07:30 (JS) / 14:45 - 15:30 (SACHS)		
U13 C	Student (tbc)	14:45 - 15:45		14:45 - 15:45		
U13 D	Student (tbc)	14:45 - 15:45		14:45 - 15:45		
U12 A	MR N HOLM	15:45 - 16:45		15:45 - 16:45		06:30 - 07:30
U12 B	Student (tbc)	06:30 - 07:30		15:45 - 16:45		
U12 C, D	Student (tbc)		06:30 - 07:30	14:45 - 15:45		
U11 A	MR J EDWARDS		15:45 - 16:45		06:30 - 07:30 (JS) / 14:45 - 15:30 (SACHS)	
U11 B	Student (tbc)		15:45 - 16:45		06:30 - 07:30 (JS) /	
U11 C, D	MS S STAMMERS (C) / Student (tbc) (D)		14:45 - 15:45		15:00 - 15:45	
U10 A	MISS B PASSMORE		15:45 - 16:45		14:45 - 15:30 (SACHS) / 15:45 - 16:45 (JS)	
U10 B	Student (tbc)		15:45 - 16:45		15:45 - 16:45 (JS)	
U10 C, D	MR A LOUIS (C) / MISS N MVANDABA (D)		14:45 - 15:45		15:00 - 15:45	
U9	MR G SKEELES				14:00 - 15:00	

FIXTURES FOR ALL AGE GROUPS TAKE PLACE ON FRIDAYS FROM 13:30 - boys will be notified of participation.
ALL Water Polo players should attempt at least one squad swimming session per week, over and above their Water Polo practice.

EXTRA MURALS: OTHER AND PRIVATE

ART CLUB - JUNIOR <i>tracy.visser@sacsjr.org.za</i>	THURSDAY	VENUE
GRADE 2 Ms T Visser / Ms M Rousseau	13:30 - 14:30	Junior Art Room
ART CLUB - GRADE 3 <i>gaby.strano@sacsjr.org.za</i>	TUESDAY or THURSDAY	
GRADE 3 Ms. G Strano	14:30 - 15:30	Grade 4S Classroom
ART CLUB - SENIOR <i>sue.devine@sacsjr.org.za</i>	TUESDAY	
GRADES 4 - 7 Mrs S Devine	14:40 - 15:40	Senior Art Room
PLEASE NOTE: Art Club is only for boys with a keen interest in Art, as numbers are limited (Grade 3 limited to 10 per class). MATERIAL FEES: Grade 2 @ R250/Term; Grade 3 @ R300/Term; Grades 4 - 7 @R300/Term		

CLEVER CLAY (PRIVATE - MRS M HULLEY) CELL: 083 308 5838 <i>martine.ceramics@gmail.com</i>	
GROUP	WEDNESDAY
GRADE 2	13:30 - 14:30

CUBS (AKELA: MRS JACKIE DAVIES) CELL: 072 289 0675 <i>nyumbani@xsinet.co.za</i>	
GROUP	TUESDAY
3 RD Claremont (SACS)	17:30 - 19:00
<ul style="list-style-type: none"> Boys approaching 7 years old are eligible to join the Pack and leave at the end of the term having had their 11th birthday. Application forms from Akela, Jackie Davies. 	

FENCING (HEAD: MR DAVID WAGENFELD) CELL: 072 194 1926 <i>info@engardefencing.co.za</i>	
GRADES 1 - 2 : 12:30 - 13:15 GRADES 3 : 12:30 - 13:30 GRADES 4 - 7 : 12:45 - 14:15	FRIDAY (SACS Gym Hall)

GENERAL KNOWLEDGE MS S STAMMERS (HEAD) <i>sabrina.stammers@sacsjr.org.za / nokulunga.mvandaba@sacsjr.org.za</i>	
GROUP	WEDNESDAY
GRADE 4 and 5	07:30 - 08:00 (Upper Deck Lounge - Library)
GRADE 6 and 7	10:30 - 11:00 (Grade 6S Classroom)

isiXHOSA CULTURE CONVERSATION CLUB (HEAD: MISS S MJALI) <i>siyolise.mjali@sacsjr.org.za</i>	
GROUP	TUESDAY
GRADES 4 - 6	14:30 - 15:00 (Innovation Centre)

JUDO (PRIVATE – MRS SANDY TROMP) CELL: 082 465 0378 <i>sandy.csjudo@gmail.com</i>		
GROUP	MONDAY	or THURSDAY
GRADE 1	13:15 - 14:00 (Gym Hall)	13:15 - 14:00 (Gym Hall)
GRADE 2	14:00 - 14:45 (Gym Hall)	14:00 - 14:45 (Gym Hall)
GRADES 3 - 7	14:45 - 15:45 (Gym Hall)	14:45 - 15:45 (Gym Hall)

LIBRARY (HEAD: MISS S MJALI) siyolise.mjali@sacsjr.org.za		
GROUP	TUESDAY	THURSDAY
GRADES 4 - 7	14:40 - 15:30 Mrs van Niekerk	14:40 - 15:30 Miss Mjali

MARIMBA GROUP (HEAD: MRS L EASTMAN) lyn.eastman@sacsjr.org.za	
GROUP	THURSDAY
GRADES 4 - 6	14:30 - 15:15

MUSIC (HEAD: MR R JACOBS) Takes place every week of the year unless otherwise informed. reon.jacobs@sacsjr.org.za					
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNIOR CHOIR MRS L EASTMAN	07:25 - 08:00 Auditorium		07:25 - 08:00 Auditorium		
SACS CHOIR MRS G BELLAIRS / MR L THUYNSMA / MR R JACOBS	08:00 - 08:30 Hall		08:00 - 08:30 Hall		
SACS SINGING CLUB MRS L EASTMAN	08:00 - 08:30 Auditorium		08:00 - 08:30 Auditorium		
JUNIOR BAND MRS L EASTMAN / MR L THUYNSMA		07:25 - 07:55 Band Room		07:25 - 07:55 Band Room	07:25 - 07:55 Band Room
INTERMEDIATE BAND MISS K HESS		07:25 - 07:55 Auditorium	07:25 - 07:55 Band Room		07:25 - 07:55 Auditorium
CONCERT BAND MRS G BELLAIRS	07:25 - 07:55 Hall		07:25 - 07:55 Hall	07:25 - 07:55 Hall	
JAZZ BAND MR R JACOBS		07:25 - 07:55 Hall			07:25 - 07:55 Hall

TENNIS (PRIVATE - MRS C BALMAN) CELL: 074 190 7535 charissa@charissasschooloftennis.com					
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*GRADE R (45 mins)			12:45 - 13:30	12:45 - 13:30	
GRADE 1 & 2 (60 mins)		13:30 - 14:30 (Grade 1 only)	13:30 - 14:30 (Grade 1 & 2)	13:30 - 14:30 (Grade 1 & 2)	
GRADES 1 - 7 (60 mins)			14:45 - 15:45	14:45 - 15:45	12:40 - 13:40
NB: Tennis lessons will only be cancelled if it's raining and the boys will be allowed to go home. You will be informed via WhatsApp by Mrs Balman.					
Starting Dates: Gr R - 7: Tuesday 23 January - 12 March; Wednesday 24 January - 13 March; Thursday 25 January - 14 March; Friday 26 January - 15 March.					

OTHER AND PRIVATE CONTACT NUMBERS:

AFTERCARE: Mrs Rafiekah Adams: Phone: (021) 689-8779 (after 12:00) / Rafiekah.Adams@sacsjr.org.za

MADRASSAH: Sheikh Mujaahid White: Cell: 081 319 3017 / sacsmads@gmail.com
Moosa Mohamed: Cell: 082 563 5502 / hilitemoosa@gmail.com

ROBOTICS: Ms Jeanine Ansel: Cell: 082 808 8730 / Jeanine@clubelectron.net

SAILING: Mrs Jo Ashwell: Cell: 082 951 7563 / Jo.Ashwell@sacsjr.org.za

South African College Junior School

Uniform Requirements

Boys wear summer uniform in Terms 1 and 4, and winter in Terms 2 and 3.

SUMMER / WINTER UNIFORM

White short-sleeved shirt (S & L / any retailer)

may be worn in Summer only

OR

White long-sleeved shirt (S & L / any retailer)

optional for Summer, compulsory for Winter

SACS tie (S & L)

Grey shorts with belt loops (S & L)

SACS belt (S & L)

SACS long grey socks (S & L)

Black lace-up regulation school shoes

(S & L / any retailer)

Navy blue blazer with SACS badge (S & L)

optional for Summer, compulsory for Winter

SACS grey long-sleeve/sleeveless jersey (S & L)

SACS Cap (Jnr Uniform Shop)

ATHLETICS

COMPULSORY SCHOOL BAGS

(Jnr Uniform Shop)

SACS backpack - for school books

SACS tog bag - for extra mural sport

JUDO (private)

Judo suit **or**

SACS white golfer (Jnr Uniform Shop) & White shorts (S & L / any retailer)

Tracksuit - optional (Jnr Uniform Shop)

OR SACS T-SHIRT

RUGBY - Grade 3 to 7

SACS rugby match jersey (Jnr Uniform Shop)

SACS rugby practice jersey (Jnr Uniform Shop)

(Optional for practices)

White shorts for matches (S & L / any retailer)

Navy shorts (S & L / any retailer)

(compulsory for Wynberg home & away matches)

Navy sport socks (Jnr Uniform Shop)

(U10 and up - U9 play barefoot)

Rugby boots (predominantly black -any retailer)

(U10 and up - U9 play barefoot)

Navy scrum cap - optional (any retailer)

Tracksuit - optional (Jnr Uniform Shop)

MINI RUGBY - Grades 1 & 2

Mini Rugby Jersey (provided by school)

White/Navy shorts (S & L / any retailer)

Tracksuit - optional (Junior Uniform Shop)

CRICKET - Grades 3 to 7

SACS white golfer (Jnr Uniform Shop)

White shorts (S & L / any retailer)

Navy sport socks (Jnr Uniform Shop)

Blazer - compulsory for matches

Cricket Floppy Cap - optional (Jnr Uniform Shop)

Tracksuit - optional (Jnr Uniform Shop)

MINI CRICKET - Grades 1 & 2

SACS white golfer (Jnr Uniform Shop)

White shorts (S & L / any retailer)

Navy sport socks (Jnr Uniform Shop)

White Trainers

Tracksuit - optional (Jnr Uniform Shop)

MINI HOCKEY - Grade 1 & 2

SACS white golfer (Jnr Uniform Shop)

White shorts (S & L / any retailer)

Navy sport socks (Jnr Uniform Shop)

White Trainers

Tracksuit - optional (Jnr Uniform Shop)

Shin Guards & Gum Guard - compulsory

(any retailer)

TENNIS

SACS white golfer (Jnr Uniform Shop)

White shorts (S & L / any retailer)

(U13A may wear white or navy shorts for matches)

SACS white ankle socks (Jnr Uniform Shop)

Tracksuit - optional (Jnr Uniform Shop)

WATER POLO

SACS branded speedo/costume

(Jnr Uniform Shop)

SACS white golfer (Jnr Uniform Shop)

SACS Navy sport shorts (Jnr Uniform Shop)

SACS Swimming towel - optional

(Jnr Uniform Shop)

Tracksuit - optional (Jnr Uniform Shop)

Long jacket / Deck Coat

strictly for Water Polo only

Jnr Uniform Shop - only on pre-order basis)

OPTIONAL ITEMS

(Jnr Uniform Shop)

SACS navy sport shorts - *may be worn for Phys Ed/ sport practices (except rugby)*

SACS Ankle Socks

Rain jacket - *may be worn over blazer only*

Rash vest (navy)

Undercool vest (white)

SQUASH

SACS white golfer (Jnr Uniform Shop)
White shorts (S & L / any retailer)
SACS white ankle socks (Jnr Uniform Shop)
Tracksuit - optional (Jnr Uniform Shop)

SWIMMING

SACS Branded speedo/costume (Jnr Uniform Shop)
(for Phys Ed/non-squad swimming/squad training)
SACS swimming cap (Jnr Uniform Shop)
(compulsory for inter-school galas)
SACS white golfer (Jnr Uniform Shop)
Navy sport shorts with badge (Jnr Uniform Shop)
Swimming towel - optional (Jnr Uniform Shop)
Tracksuit - optional (Jnr Uniform Shop)

TABLE TENNIS

SACS white golfer (Jnr Uniform Shop)
White shorts (S & L / any retailer)
SACS white ankle socks (Jnr Uniform Shop)
Tracksuit - optional (Jnr Uniform Shop)

MEMORAMILIA / SUPPORTER ITEMS

(Jnr Uniform Shop)

SACS branded:
Ceramic Coffee Mug; Power Bank; Fridge Magnet;
Mascot; Key / Bag Chain
SACS Supporter Hoodies
SACS Supporter Beanies
SACS Supporter Scarves
SACS Supporter Trucker Caps
SACS Supporter Peak Caps
SACS Umbrellas
SACSSUCCESSFUL COOK Aprons